

BLOODBORNE PATHOGENS (BBP) EXPOSURE QUICK CHART *

***This chart is for INFORMATIONAL PURPOSES ONLY**

It is NOT intended as a substitute for the Exposure Control Plan or BBP Classes

DEFINITION OF "" AS PER OSHA 29 CFR 1910.1030

"EXPOSURE INCIDENT" means a specific eye, mouth or other mucus membrane, non-intact skin, or parenteral contact with blood or other potentially infectious materials that results from the performance of an employee's duties".

BEFORE:

- * Ensure that you have received your inoculation series of Hepatitis B vaccine.
- * Verify that you have all the appropriate & necessary Personal Protective Equipment (PPE) readily available.
- * If you do not understand any of the processes, ask someone who does.
- * Locate your exposure control plan and understand it.
- * Take a BBP refresher class annually.
- * Understand what you need to do if an exposure occurs.
- * Learn proper disinfecting procedures, hand washing procedures, PPE removal etc.

DURING:

- * Approach all bodily fluids as though they are infectious.
- * Wear appropriate PPE. (Think barriers!!)
- * Be vigilant and aware of anything in the environment that can harm you.

AFTER:

- * Wash the exposed area of your body.
- * Ask yourself: Is it possible that any infectious fluids entered my body? Did it get in via mucus membranes, non-intact skin or a stick with a needle or piece of glass (parenteral contact) or any other way? If yes, then you are strongly encouraged to see a physician.
- * Report the incident to your supervisor.
- * Fill out a C-1 & start your Post Exposure check list and Exposure Evaluation form.
- * Go to a contracted provider **within 72 hours** of exposure to draw blood for a base line and to receive information/a follow up schedule for any needed prophylaxis, and/or further blood draw.
(If possible, please go to a contracted provider and avoid the Emergency room as your first contact.)
- * Please be advised that if you initially go to the Emergency Room, the attending physician will not set any follow up appointments, and will refer you to see a local "Occupational disease contracted provider."
(Please refer to workers' comp book for contracted providers.)
- * Contact the abovementioned **contracted provider immediately** (the same day) to receive your follow up schedule, fill out a medical release form so your information will be sent from ER to contracted provider.
- * Review the incident together with your supervisor. There might be changes/corrective actions needed to minimize the risk of this happening again.

Contracted providers are in workers comp plan and see Exposure Control Plan for more information in regard to Exposure.